2021 ANNUAL ENROLLMENT

Active Management, UGSOA Local 11, All Ameren Illinois Union and Co-Workers on Long-Term Disability



MyAmeren BENEFITS GUIDE



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Information presented in this 2021 Benefits Guide is not a guarantee of coverage or benefits under the Ameren Employee Medical Plan or the various benefit plans offered thereunder. Any claims for benefits will be processed according to the Plan document in force at the time of the event. In the event of a conflict between the legal Plan Documents, including contracts with insurance carriers, policies and certificates, which contain all of the details about the benefits provided, and this 2021 Benefit Guide, the legal Plan documents will control.

This document serves as a Summary of Material Modification (SMM) as required by the Employee Retirement Income Security Act of 1974 (ERISA). ERISA requires that we inform you of these modifications. If updated SPDs are not yet available to you, this SMM updates the content of your current SPDs. Please keep this document with your current SPDs for future reference. The updated SPDs, when available, which describe these benefits effective as of January 1, 2021, will supersede this SMM in the event of a discrepancy. Ameren reserves the right to suspend, revoke or modify the benefit programs offered to co-workers and retirees. Nothing in this document shall be construed as a contract of employment between Ameren and any co-worker, nor as a guarantee of any co-worker to be continued in the employment of Ameren.

ANNUAL ENROLLMENT: November 2 to November 16, 2020

Get Ready

- Review your benefit elections for the current year by logging on to myAmeren.com and clicking Healthcare Elections on the home screen.
- Evaluate your medical plan using the planning tools and resources available at myAmeren.com > Benefits Center.

Take Action

Enroll at myAmeren.com > Annual Enrollment

Go to myAmeren.com and use your myAmeren.com User ID and Password to log in, then click on Annual Enrollment. You can access myAmeren.com from any computer or mobile device.

NOTE: Your myAmeren.com User ID and Password may be different from your network User ID and Password.

Enroll by calling the Ameren Benefits Center

Call 877.7my.Ameren (877.769.2637), Option 2.



Don't Forget

- If you miss the November 16 deadline, your next opportunity to enroll or make changes will be the fall of 2021, with benefit changes effective January 1, 2022. The only other time you can make changes is if you experience a qualifying life event.
- If you choose to cover your spouse/domestic partner during Annual Enrollment, you need to indicate if your spouse/domestic partner is eligible for group medical coverage through their employer. If you do not verify this each year, you will pay a \$100 Working Spouse/Domestic Partner Contribution per month in addition to your monthly payroll deduction.
- Respond promptly to requests for documentation to verify eligibility of any new family members you add to health, dental and/or vision coverage. If you do not provide proper documentation by the deadline, coverage for your family member will be cancelled.
- Review all your beneficiary designations and update them if needed.
- Enroll or cancel MetLife Legal Plans.

2021 Benefit Package Changes

MEDICAL					
HEALTH SAVINGS PLAT	N	HEALTH SAVINGS PLAN	N – VALUE	STANDARD PLAN	
Deductible is changing	g:	Deductible is changing	j:	Medical deductible is changing:	
 \$1,550 if you cover yo \$3,100 if you cover yo members 	ourself only ourself and any other family	 \$2,500 if you cover yourself only \$5,000 if you cover yourself and any other family members 		 In-network: \$600 per person \$1,200 family maximum 	 Out-of-network: \$900 per person \$1,800 family maximum
Out-of-pocket maximu	m is changing:	Out-of-pocket maximu	m is changing:	Medical out-of-pocket maximum is changing	
 In-network: \$4,000 per person \$8,000 per family 	son \$6,700 per person \$5,000 per person \$7,000 per person		 In-network: \$3,500 per person \$7,000 per family 	• Out-of-network: \$7,000 per person \$14,000 per family	

Video and telephonic visits with your physician, pediatrician or specialist are covered with normal out-of-pocket costs.

HEALTH SAVINGS ACCOUNT (HSA)

• Maximum contribution limits will increase to \$3,600 if you only cover yourself and \$7,200 if you cover yourself and any other family members.

• Ameren employer HSA Contribution will be paid on a per-pay-period basis.

• As of January 1, 2020, the CARES Act added certain over-the-counter medications and other products as eligible expenses.

FLEXIBLE SPENDING ACCOUNT (FSA)

• The maximum contribution for the Healthcare FSA and Limited Purpose Healthcare FSA will increase to \$2,750.

• As of January 1, 2020, the CARES Act added certain over-the-counter medications and other products as eligible expenses.

MEDICAL PLAN CARRIER

You will receive a new Anthem ID card for 2021.



Your Well-Being

At Ameren, we care about your well-being. Live Well, Ameren's approach to well-being, offers tools and resources to support your physical, emotional, financial and social health. Live Well also rewards you for making healthier choices and habits.

The Live Well portal has moved to a new provider, Virgin Pulse. Co-workers will need to register a new Live Well account with Virgin Pulse and download the Virgin Pulse app.

- Earn up to \$200 with the Live Well program, which runs October 15, 2020 December 1, 2021.
- You may choose to earn your 2021 Live Well incentives via paycheck deposit or Health Savings Account.

To get started, follow the steps below:

STEP 1:	Activate your account . Sign up for your new Live Well account with Virgin Pulse. Visit Ameren.com/LiveWell .
STEP 2:	Accept the terms and conditions. Choose your email preferences to get the latest tips and information.
STEP 3:	Connect a fitness tracker. Get credit for your steps, active minutes and sleep. Sync up with devices and apps like Fitbit and Apple Health.
STEP 4:	Upload a profile picture and add some friends .
STEP 5:	Set your interests. Get personalized daily tips to help you eat healthy, get active, reduce stress, sleep well and more!
STEP 6:	Earn incentives. Get rewarded by participating in recommended activities.
STEP 7:	Download the Virgin Pulse mobile app (through App Store or Google Play). Manage your account on the go. Search for Ameren in the sponsor list.
STEP 6:	stress, sleep well and more! Earn incentives. Get rewarded by participating in recommended activities. Download the Virgin Pulse mobile app (through App Store or Google Play). Manage your



Incentives to Live Well

It's easy to earn rewards by making healthy decisions. The more you make, the more you'll earn.

- Each incentive period, complete recommended activities and earn points. Redeem your points for payroll incentives or Health Savings Account (HSA) contributions.
- Earn up to \$50 each incentive period.
- Earn up to a maximum of \$200 in the Live Well program, which runs October 15, 2020 through December 1, 2021.

During Annual Enrollment this fall, you will also be able to choose how you would like your earned Live Well incentives paid out in 2021. Incentives can be added to your paycheck or HSA.

Incentive Period 1: October 15 – December 15, 2020; \$50 payroll incentive only

- Incentive Period 2: January 1 April 30, 2021; \$50 payroll incentive OR HSA contribution
- Incentive Period 3: May 1 August 31, 2021; \$50 payroll incentive OR HSA contribution

Incentive Period 4: September 1 – December 1, 2021; \$50 payroll incentive OR HSA contribution

Here are ways you can earn rewards:

- Health assessment
- Health screening
- Live Well Challenges
- Daily cards
- Primary care physician visit
- Journeys Digital Coaching
- Future Moms Program
- Download the Anthem Engage App
- Track healthy habits
- Sync a device
- Nutrition and sleep guides
- Pre-diabetes risk assessment
- Preventive cancer screenings
- Tobacco-free agreement
- Ameren Mentoring & Connection Community

For a complete list of ways to earn, visit **How to Earn** under the **Rewards** tab on **Ameren.com/LiveWell**.

TIP

OTHER WAYS TO LIVE WELL AND SAVE

- Check out the various fitness center discounts you are eligible for as an Ameren Co-worker.
- WW (formerly Weight Watchers) and Ameren have teamed up to offer discounted program options. Ameren covers 50% of the cost of a program for co-workers and spouses.

Are you ready for a healthier you? Go to **myAmeren.com > myLife** to learn more about these programs.

ANTHEM ENGAGE

YOUR PERSONALIZED HEALTH ASSISTANT

Use the Anthem Engage mobile app to get the most out of your healthcare. Anthem Engage provides co-workers with mobile access to their Anthem benefits and coverage. See all of your medical and pharmacy benefits in one place, including your ID card. Search for doctors in your plan, read reviews from patients and get directions to the nearest urgent care. Download the app from the App Store or Google Play (search for "Engage Wellbeing").

Health Savings Account (HSA) Overview

Participating in an HSA is a great way to start planning for current and future healthcare costs. If you choose the Health Savings Plan or the Health Savings Plan – Value with an HSA, you are choosing a unique approach to healthcare expenses – one that can play a valuable role in your overall health and financial wellness. Here are four key things to know about an HSA.

HSA Advantages and How You Benefit

contributions per-pay-period.

You can also contribute to your

payroll deductions.

HSA on a before-tax basis through



- You decide how much before-tax members. Ameren deposits HSA money to contribute (up to the IRS limit), and when to use your HSA.
 - The entire balance is yours even if you change jobs, change medical coverage, or retire.
- over from year to year.
- Money not needed for current qualified medical expenses can be invested in a wide variety of investment options if you choose.
- money from an outside bank (up to the annual IRS limit).
- You can access your funds by using a debit card, checkbook, or online bill pay.
- If you decide to pay out of pocket for a qualified expense, you can reimburse yourself from your HSA.

Next Steps

If You Elect a Health Savings Plan with an HSA

Verify you're eligible for an HSA. You must be:

- Enrolled in one of the Health Savings Plans.
- Not enrolled in Medicare, TRICARE or another medical plan that is not a High Deductible Health Plan (HDHP).
- Not claimed as a dependent on another person's tax return.

Determine your payroll contribution, and enter the amount you want to contribute when completing your Annual Enrollment online. You can change the amount you contribute to the account at any time throughout the plan year, up to the IRS limit.

Note: The type of plan your spouse is enrolled in can impact your eligibility. For questions, contact Fidelity at **877.7my.Ameren** (877.769.2637), Option 1.

	2021 ANNUAL AMEREN EMPLOYER CONTRIBUTION	2021 MAXIMUM CO-WORKER PAYROLL CONTRIBUTION	2021 IRS HSA CONTRIBUTION MAXIMUM
You Only Coverage	\$650	\$2,950	\$3,600
You + Any Family Member Coverage	\$1,300	\$5,900	\$7,200
Catch-up Contribution Limit (age 55 and up)	N/A	\$1,000	\$1,000

Important Reminders:

- Any dependents you cover on your medical plan must also be qualified tax dependents for healthcare purposes in order to use HSA funds for their expenses. Any funds you use from your HSA for ineligible expenses (including ineligible dependents) may be subject to a 20% tax penalty. Check with your tax advisor if you have any questions.
- Keep records of your qualifying expenses for tax purposes or to file a claim in the future.
- Keep in mind your HSA account may be charged a nominal quarterly account fee until the account balance reaches \$5,000.
- If you enroll in Medicare Part A and/or B while you are still working, you can no longer contribute before-tax dollars to your HSA. Contact the Ameren Benefits Center to notify them of your Medicare enrollment.



Medical Plan Comparison Chart

	HEALTH SAVINGS PLAN	HEALTH SAVINGS PLAN – VALUE	STANDARD PLAN
Annual HSA Employer Contribution	\$650 if you only cover yourself \$1,300 if you cover anyone else	\$650 if you only cover yourself \$1,300 if you cover anyone else	N/A
Deductible The annual amount you pay for services before you and the plan share costs.	\$1,550 if you only cover yourself \$3,100 if you and any family members are covered Includes prescription drugs	\$2,500 if you only cover yourself \$5,000 if you and any family members are covered Includes prescription drugs	Medical costs only: In-network: \$600 per person \$1,200 family maximum Out-of-network: \$900 per person \$1,800 family maximum
Coinsurance Your share of the allowed amount of a covered health service after you meet the deductible.	After deductible is met: In-network: 20% Out-of-network: 40%	After deductible is met: In-network: 30% Out-of-network: 50%	After deductible is met: In-network: 10% Out-of-network: 30%
Preventive Care	In-network: 0% (no cost to you) Out-of-network: 30%	In-network: 0% (no cost to you) Out-of-network: 30%	In-network: 0% (no cost to you) Out-of-network: 30%
Office and Facility Visits	After deductible is met: In-network: 20% Out-of-network: 40%	After deductible is met: In-network: 30% Out-of-network: 50%	After deductible is met: In-network: 10% Out-of-network: 30%
Lab/X-Ray/Other Covered Tests	After deductible is met: In-network: 20% Out-of-network: 40%	After deductible is met: In-network: 30% Out-of-network: 50%	After deductible is met: In-network: 10% Out-of-network: 30%
LiveHealth Online (Virtual Doctor Visit) Deductible met then coinsurance applies	\$59 max per visit for medical	\$59 max per visit for medical	\$59 max per visit for medical
	Combined medical and prescription costs	Combined medical and prescription costs	Medical costs only
Out-of-Pocket Maximum The most you would pay for your share of covered costs.	In-network:Out-of-network:\$4,000 per\$6,700 perpersonperson\$8,000 per\$13,400 perfamilyfamily	In-network:Out-of-network:\$5,000 per\$7,000 perpersonperson\$10,000 per\$15,000 perfamilyfamily	In-network:Out-of-network:\$3,500 per\$7,000 perpersonperson\$7,000 per\$14,000 perfamilyfamily

This chart is intended to provide a comparison of the most commonly used services to help you understand how the plans pay for benefits. The specific plan document supersedes this guide. All plans use Anthem's National PPO network of providers.

Prescription Drug Coverage

You will automatically be enrolled in prescription drug coverage through Express Scripts if you enroll in a medical plan.

	HEALTH SAVINGS PLAN	HEALTH SAVINGS PLAN – VALUE	STANDARD PLAN
Generic Statin and Generic Contraceptives	No Cost	No Cost	No Cost
Preventive Medications	20% of discounted price; deductible waived.	30% of discounted price; deductible waived.	N/A
Generic	20% of discounted price after you reach the medical deductible.	30% of discounted price after you reach the medical deductible.	\$10
Preferred Brand Name	20% of discounted price after you reach the medical deductible.	30% of discounted price after you reach the medical deductible.	\$40
Non-Preferred Brand Name	20% of discounted price after you reach the medical deductible.	30% of discounted price after you reach the medical deductible.	\$60
Specialty	20% of discounted price after you reach the medical deductible.	30% of discounted price after you reach the medical deductible.	\$125
Annual Out-of-Pocket Prescription Maximum	Combined medical and prescription maximum (in-network): \$4,000 per person; \$8,000 per family.	Combined medical and prescription maximum (in-network): \$5,000 per person; \$10,000 per family.	\$4,000 per person/\$8,000 per family. Prescription out-of-pocket maximum is separate from medical out-of-pocket maximum.
Home Delivery	Save time and money by refilling 90-day prescriptions through Home Delivery.		Pay two copays for a 90-day supply.

2021 Monthly Payroll Deductions

	HEALTH SAVINGS Plan	HEALTH SAVINGS PLAN – VALUE	STANDARD PLAN
You Only	\$45	\$29	\$94
You + Spouse/ Domestic Partner	\$167	\$108	\$327
You + Child/Children	\$132	\$85	\$251
You + Family	\$254	\$164	\$484

Health Plan Evaluator Tool

During Annual Enrollment, use the online comparison tool to help you choose the plan that is right for you and your family. The tool can help you decide which option best meets your needs based on how you use medical coverage, so be sure to check it out.

The tool is available at **myAmeren.com > Benefits Center**.

Choosing the Right Plan for You

Let's look at three fictional Ameren co-workers and compare their annual cost of coverage in each of the medical plan options for 2021 to see what plan would have been the least expensive choice overall. Assume each uses in-network providers for all healthcare needs. If an HSA plan is elected, assume all have completed the required activities of the Live Well program to receive the Live Well HSA incentive. In each example, annual deductions have been rounded to the nearest whole dollar and costs are based on national averages.

The first co-worker is Jake

Jake is 27 years old and single. He is active and exercises regularly by riding his bike. However, he has high cholesterol and takes the generic form of a prescription medication to keep it under control. During 2021, Jake will see his in-network doctor for his annual wellness exam and flu vaccination. He gets a sinus infection, which results in an Urgent Care visit.

Here's what Jake's total in-network, out-of-pocket costs would be under each option.

	ESTIMATED COST	HEALTH SAVINGS PLAN	HEALTH SAVINGS PLAN - VALUE	STANDARD PLAN 4-TIER RX
Deductible		\$1,550	\$2,500	\$600
Annual payroll deduction		\$540	\$348	\$1,128
Jake has his annual wellness exam	\$150	\$0	\$0	\$0
Jake gets his flu vaccination	\$35	\$0	\$0	\$0
Jake gets his generic, cholesterol prescription (statin)	\$600	\$0	\$0	\$0
Jake makes a trip to Urgent Care for a sinus infection	\$260	\$260	\$260	\$260
Total Cost	\$1,045	\$800	\$608	\$1,388
Ameren HSA Contribution		\$650	\$650	\$0
Live Well HSA Incentive		\$150	\$150	\$0
Final out-of-pocket costs		\$0	- \$192	\$1,388

For a detailed breakdown of medical and prescription deductibles and out-of-pocket maximums for all medical and prescription plans, see pages 9 and 10 of the guide. Negative final out-of-pocket costs represent HSA balance(s) that may be carried forward into following year.

The second co-worker is Lee

Lee is 37 and married. He is covering his 35-year-old wife and two children, ages 4 and 6, under his Ameren medical plan. During 2021, Lee and his wife learn they are pregnant and prepare for the baby to be born later in the year without complications. Lee and his family will see their in-network healthcare providers.

Here's what Lee's in-network, out-of-pocket costs would be under each option.

	ESTIMATED COST	HEALTH SAVINGS PLAN	HEALTH SAVINGS PLAN - VALUE	STANDARD PLAN 4-TIER RX
Deductible		\$3,100	\$5,000	\$600/\$1,200
Annual payroll deduction		\$3,048	\$1,968	\$5,808
Lee and his wife have an annual physical	\$150	\$0	\$0	\$0
Lee and his wife get flu shots	\$70	\$0	\$0	\$0
Lee's two children have well-child visits	\$500	\$0	\$0	\$0
Lee's two children have three sick visits each over the year	\$600	\$600	\$600	\$600
Lee buys three one-time prescriptions for his two children (two generics and one preferred brand)	\$150	\$150	\$150	\$60
Lee's wife has a baby	\$12,000	\$4,000	\$5,000	\$1,740
Total Cost	\$13,470	\$7,798	\$7,718	\$8,208
Ameren HSA Contribution		\$1,300	\$1,300	\$0
Live Well HSA Incentive		\$150	\$150	\$0
Final out-of-pocket costs		\$6,348	\$6,268	\$8,208

For a detailed breakdown of medical and prescription deductibles and out-of-pocket maximums for all medical and prescription plans, see pages 9 and 10 of the guide.

The third co-worker is Tiffany

Tiffany is 61 and she is covering her 25-year-old son under the Ameren medical plan. Unfortunately, during 2021, Tiffany has to have gall bladder surgery. Here's what Tiffany's in-network, out-of-pocket costs would be under each option.

	ESTIMATED COST	HEALTH SAVINGS PLAN	HEALTH SAVINGS PLAN - VALUE	STANDARD PLAN 4-TIER RX
Deductible		\$3,100	\$5,000	\$600/\$1,200
Annual payroll deduction		\$1,584	\$1,020	\$3,012
Tiffany and her son had an annual physical	\$300	\$0	\$0	\$0
Tiffany has a mammogram	\$250	\$0	\$0	\$0
Tiffany requires surgery, inpatient services (2 days in hospital)	\$10,000	\$4,000	\$5,000	\$1,540
Tiffany's son has two sick visits to the doctor	\$200	\$40	\$60	\$200
Tiffany's son received three one-time, generic prescriptions	\$150	\$30	\$45	\$30
Total Cost	\$10,900	\$5,654	\$6,125	\$4,782
Ameren HSA Contribution		\$1,300	\$1,300	\$0
Live Well HSA Incentive		\$150	\$150	\$0
Final out-of-pocket costs		\$4,204	\$4,675	\$4,782

For a detailed breakdown of medical and prescription deductibles and out-of-pocket maximums for all medical and prescription plans, see pages 9 and 10 of the guide.

Dental Coverage

DENTAL SCHEDULE OF BENEFITS				
PLAN FEATURES	IN-NETWORK (DELTA DENTAL PPO)	IN-NETWORK (DELTA DENTAL PREMIER)	OUT-OF-NETWORK (NON-PARTICIPATING DENTISTS)	
Annual Deductible per individual per year	\$25	\$25	\$25	
Annual Deductible per family per year	\$75	\$75	\$75	
Diagnostic and Preventive Services Includes office visits, exams, cleanings and X-rays	100% (no deductible)	100% (no deductible)	90% (no deductible)	
Basic Restorative Services Includes fillings, extractions, periodontics, endodontics, oral surgery, space maintainers and sealants	90% after deductible is met	80% after deductible is met	70% after deductible is met	
Major Restorative Services Includes crowns, bridges, inlays, onlays and dentures	50% after deductible is met	50% after deductible is met	50% after deductible is met	
Orthodontic Treatment 12-month waiting period applies; coverage under any Ameren dental plan applies toward waiting period.	50%	50%	50%	
Maximum Annual Benefit	\$3,000 per covered individual			
Orthodontic Treatment Lifetime Maximum	\$2,000 per covered individual			

	2021 MONTHLY PAYROLL DEDUCTIONS FOR DENTAL COVERAGE						
You Only You + Spouse/ Domestic Partner You + Children You + Family							
	\$7	\$14	\$17	\$27			

Vision Coverage

VISION SCHEDULE OF BENEFITS						
PLAN FEATURES	IN-NETWORK	OUT-OF-NETWORK				
Annual Eye Exam (once every plan year)	\$10 copayment	\$10 copayment Plan pays up to \$50				
Contact Lens Exam	Plan pays up to \$60	Plan pays up to \$60				
LENSES EACH PLAN YEAR (cost provided per pair)						
Single Vision	\$10 copayment	\$10 copayment Plan pays up to \$50				
Lined Bifocal	\$10 copayment	\$10 copayment Plan pays up to \$75				
Lined Trifocal	\$10 copayment	\$10 copayment Plan pays up to \$100				
Lined Lenticular	\$10 copayment	\$10 copayment Plan pays up to \$125				
Frames (once every plan year)	Frame of your choice covered up to \$200 (if frame is a featured brand name, it will be covered up to \$220)	Frame of your choice covered up to \$70				
CONTACT LENSES (once every plan year, you may receive bene	fits for eyeglasses or contact lenses, but not bot	n)				
Instead of glasses and if visually necessary	Plan pays 100%, after \$10 copayment	\$10 copayment Plan pays up to \$210				
Instead of glasses, if elective	Plan pays 100% up to \$200	Plan pays 100% up to \$150				
Laser Vision Correction Surgery	In addition to discounts available from VSP, there is a \$500 annual benefit for corrective surgical procedures.	\$500 annual benefit for corrective surgical procedures				

2021 MONTHLY PAYROLL DEDUCTIONS FOR VISION COVERAGE				
You Only	You + Spouse/Domestic Partner	You + Children	You + Family	
\$3	\$6	\$7	\$10	

Flexible Spending Accounts (FSAs) Overview

When you enroll in a FSA, you are not taxed on the money you elect to put in the account for the year. This reduces your taxable income because contributions to a FSA are made through before-tax payroll deduction. You must re-enroll in each of the FSAs you would like to use for the upcoming year – enrollments do not carry over from year to year.

Ameren Offers Healthcare and Dependent Care FSAs

HEALTHCARE FSA	Use toward qualified healthcare expenses – including medical, dental or vision – for you and your covered dependents. The maximum contribution limit for 2021 is \$2,750. A Healthcare FSA is not available if you elect a Health Savings medical plan.
LIMITED PURPOSE HEALTHCARE FSA	This type of FSA is only open to those enrolled in the Health Savings Plan or Health Savings Plan – Value. It can only be used for qualified dental and vision expenses for you and your covered dependents. The maximum contribution limit for 2021 is \$2,750.
DEPENDENT CARE FSA	Use toward qualified dependent day care expenses for children under age 13 and older adults who are your tax dependents. The IRS maximum household contribution for 2021 is \$5,000.



Use It or Lose It

Pay close attention to your account balance – money not spent at the end of the plan year is forfeited. You have until March 31, 2022 to submit claims for reimbursement for expenses incurred from January 1 through December 31, 2021.

Eligible Expenses

Eligible expenses are determined by IRS rules. Certain over-the-counter medications are eligible for reimbursement; visit **wageworks.com** for a searchable list of eligible items.

WageWorks may request documentation to verify an expense is valid under the IRS rules. This process is called substantiation. It is important to respond to these requests. If you do not, the claims could be deemed invalid, and you will be required to pay back the reimbursements you received. Failure to respond to a substantiation request will result in your WageWorks debit card being deactivated until you respond, and may also have tax implications.

Planning Tools and Resources

Take advantage of the tools and resources available online to help choose benefits that are right for you.

PLANNING TOOLS AND RESOURCES – Available on myAmeren.com > Benefits Center

HEALTH PLAN EVALUATOR – Estimate your total out-of-pocket healthcare expenses for each plan option.

FLEXIBLE SPENDING ACCOUNT (FSA) CALCULATORS – Calculate how much you should contribute to your Limited Purpose Healthcare FSA, Healthcare FSA or Dependent Care FSA.

CALCULATE LIFE INSURANCE NEEDS – Determine how much coverage makes sense for you and your family.

PLANNING TOOLS AND RESOURCES – Available on other sites

anthem.com (also accessible through myAmeren.com)	Review your medical claims, locate in-network providers, compare prices for medical procedures, update personal health information and much more.
express-scripts.com Review your year-to-date prescription costs, verify medication cover view detailed drug information and much more.	
express-scripts.com/ameren	Check prescription drug coverage for 2021 and compare medication costs under different plans.



Contact Information

RESOURCE	WEBSITE	PHONE NUMBER
AMEREN BENEFITS CENTER Enrollment, eligibility, long-term disability, pension and general questions Available Monday through Friday, 8:00 a.m. to 6:00 p.m., CT, except on holidays	For HealthCare & Life Benefits myAmeren.com > Healthcare Elections For Pension myAmeren.com > Estimate Pensions	877.7my.Ameren (877.769.2637) Hearing-Impaired: 800.TDD.TDD4 (800.833.8334)
ANTHEM BlueCross BlueShield Medical coverage, claims, pre-approvals, etc. Available Monday through Friday, 7:00 a.m. to 6:00 p.m., CT Engage Personal health assistant	anthem.com Telemedicine (Virtual Doctor Visit): livehealthonline.com Engage: app.engage-wellbeing.com	844.344.7410 24/7 NurseLine: 800.700.9184 Behavioral Health and Substance Abuse: 866.621.0554
DELTA DENTAL Dental and orthodontic coverage and claims Available Monday through Friday, 7:00 a.m. to 5:00 p.m., CT	deltadentalmo.com	800.335.8266
EXPRESS SCRIPTS Prescription medications, cost and coverage Available 24 hours per day, 7 days per week	express-scripts.com Express Scripts Annual Enrollment information tool: express-scripts.com/ameren	Express Scripts: 888.256.6131 Accredo Specialty Pharmacy: 877.895.9697
FIDELITY HSA Available Monday through Friday, 8:00 a.m. to 8:00 p.m., CT FIDELITY 401(K) SAVINGS INVESTMENT PLAN Available Monday through Friday, 7:30 a.m. to 11:00 p.m., CT	myAmeren.com > Check 401(k)/HSA	800.544.3716 877.7my.Ameren (877.769.2637), Option 1
LIVE WELL PROGRAM Available Monday through Thursday, 7 a.m. to 10 p.m., CT; Friday, 7 a.m. to 7 p.m., CT; Saturday, 7 a.m. to 2 p.m., CT	Ameren.com/LiveWell	Program and Incentives Questions email: LiveWell@Ameren.com Technical Support: 833.724.4637
MAGELLAN HEALTH SERVICES Work/Life Employee Assistance Program Available 24 hours per day, 7 days per week	magellanascend.com	800.289.1109
METLIFE LEGAL PLANS Legal assistance services Available Monday through Thursday, 7:00 a.m. to 8:00 p.m., CT, and Friday, 7:00 a.m.	myAmeren.com > myLife	800.821.6400
VSP Vision coverage	vsp.com	800.877.7195
WAGEWORKS FSA and Commuter Pass Available Monday through Friday, 8:00 a.m. to 8:00 p.m., CT	wageworks.com When registering, use the last 4 digits of your EE ID (not the last 4 of your SSN)	877.924.3967

Legal Notices

General Notice of Special Enrollment Rights Under the Health Insurance Portability and Accountability Act (HIPAA)

If you decline enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself or your dependents in an Ameren medical option if you or your dependents lose eligibility for that other coverage (or if another employer stops contributing toward your or your dependents' other coverage). You must request enrollment within 31 days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage). The plan will also allow a special enrollment opportunity if you or your eligible dependents either:

- Lose Medicaid or Children's Health Insurance Program (CHIP) coverage because you are no longer eligible.
- Become eligible for a state's premium assistance program under Medicaid or CHIP.

For these enrollment opportunities, you will have 60 days – instead of 31 days – from the date of the Medicaid/CHIP eligibility change to request enrollment in the plan. Note that the 60-day period doesn't apply to enrollment opportunities other than the Medicaid/CHIP eligibility change.

Also, if you have a new dependent as a result of marriage, birth, adoption or placement for adoption, you may be able to enroll yourself or your dependents in an Ameren medical option. You must request enrollment within 31 days after the marriage, birth, adoption or placement for adoption.

To request special enrollment or to learn more, contact the Ameren Benefits Center at **877.7my.Ameren** (877.769.2637), Option 2.

Women's Health and Cancer Rights Act

Under the Women's Health and Cancer Rights Act – and/or according to the provisions of the Ameren Employee Medical Plan and the Ameren Retiree Medical Plan – a participant who receives benefits for a medically necessary mastectomy will also be provided coverage in a manner determined in consultation with the attending physician and the patient, for:

- All stages of reconstruction of the breast on which the mastectomy was performed.
- Surgery and reconstruction of the other breast to produce a symmetrical appearance.

• Prosthesis and treatment of physical complications of the mastectomy, including lymphedema. Benefits will be subject to the same annual deductibles and coinsurance provisions as for all other medically necessary procedures. For more information on mastectomy coverage, contact your healthcare provider.

HIPAA Notice of Privacy Practices

In compliance with the Health Insurance Portability and Accountability Act of 1996 (HIPAA), this is a reminder that Ameren's group health plan maintains a privacy notice, which provides a complete description of your rights under HIPAA's privacy rules. To obtain a copy of Ameren's privacy notice, please contact the Ameren Benefits Center at **877.7my.Ameren** (877.769.2637), Option 2, or visit **myAmeren.com** > **Benefits Center > Library > Regulatory Notices**. For TDD communication services for the hearing impaired, call **800.TDD.TDD4** (800.833.8334).

This notice is also available in your Summary Plan Description.

Summary of Benefits and Coverage

You can access a Summary of Benefits and Coverage (SBC) for each medical plan choice at **myAmeren.com** > **Benefits Center** > **Library**. A requirement of the Patient Protection and Affordable Care Act (PPACA), the SBC outlines what each medical plan option covers and your out-of-pocket costs.

